



Beacon Hospital

SPEECH & LANGUAGE THERAPY DEPARTMENT

**VIDEOFLUOROSCOPY
(SWALLOW X-RAY)**

INFORMATION LEAFLET

Q: WHAT WILL HAPPEN AFTER THE VIDEOFLUOROSCOPY?

1. **No results** will be available **on the day**
2. The SLT will **analyse the X-ray** pictures
3. The results will be **discussed with your doctor**
4. The SLT will **discuss the results** with **you and your family within 24 hours of the procedure**
5. A **treatment plan** will be agreed with you
6. A report will be placed in your **medical chart**
7. If you are attending another Speech and Language Therapist, in a different facility, your Videofluoroscopy report will be sent to them. They will discuss the results with you.

Q: WHAT PREPARATION IS NECESSARY?

1. **No special preparation** is needed.
2. You **do not need to fast**.
3. There is **no need to undress**.
4. Please **wear your hearing aid and bring your dentures** if usually worn.
5. Females should be **in the first ten days of their menstrual cycle**. This is counted from the first day of their last menstrual period.

**Speech & Language Therapy Dept.
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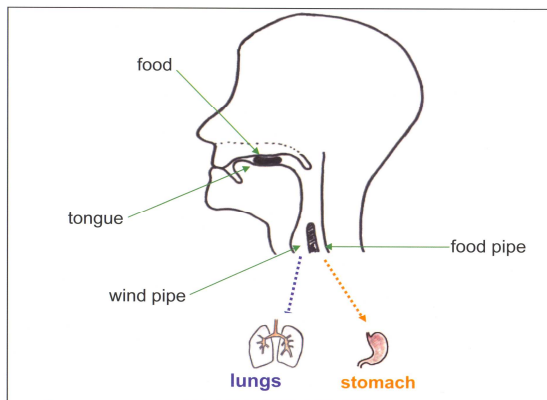
Q: WHAT IS A VIDEOFLUOROSCOPY?

It is a **moving X-ray** of someone **swallowing**. It is recorded so that it can be played back later on.

Small amounts of **different types of foods and drinks** are given to the person to **swallow**.

Q: WHY IS IT NECESSARY?

(A) It is difficult to see exactly what happens in the throat during swallowing. An **x-ray will show what happens when you swallow**.



- (B) It may answer the following questions:
(1) **Is food going down the wrong way?**
(2) **Why** is it going the wrong way?

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(3) **How can the problem be overcome?**

(C) It allows the Speech and Language Therapist (SLT) to **try special techniques** to help overcome swallowing problems.

Q: WHO SHOULD HAVE ONE?

Any person who is suspected of having **swallowing or eating difficulties** (dysphagia).

Your **Speech and Language Therapist** will **discuss** this with you.

Q: WHERE DO WE GO?

- You go to the **X - ray Department**
- **Hospital porters** will take **inpatients** down to X-ray
- **Outpatients** should **check-in** at the **X-ray Department reception** desk.

Q: WHAT WILL HAPPEN?

1. The SLT will ask you to **swallow, cough and count** from 1 to 5
2. You will be given **different foods and drinks**
3. The food and drinks contain a **powder** that shows up on the x-ray
4. You may be asked to **try eating and drinking in different positions**
5. AN **X-ray** (video) of your swallow will be made
6. The X-ray will take about **20 minutes**
7. You will feel **no pain**
8. You can **stop at any time**

PTO ---

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