

## **Fertility** What A GP Needs To Know

By Dr Ahmed Omar

### Who & When To Refer?



# Couples who are trying for a baby but are unable to conceive:

- No contraception
- Regular sexual intercourse

### **INCIDENCE:**

Primary Infertility: 1 in 5 Couples Secondary Infertility: 6 in 10 Couples

## Who & When To Refer?



#### **Heterosexual Couples**

- <35yrs old trying to conceive > 1 year
- >35yrs old trying to conceive > 6 months

#### **Couples With Recurrent Miscarriages**

#### Single Woman

- Fertility preservation /Egg freezing
- Use of donor sperm

Same-Sex Couples who wish to try for a baby with donor sperm

## Who & When To Refer?



#### Men

- Abnormal semen analysis
- History of previous vasectomy

#### **Cancer Patients**

• Women & men who seek fertility preservation before cancer treatment

#### **Genetic Patients**

• Seeking pre-implantation genetic testing CF /Translocations