

AT BEACON LIMERICK



1 HEALTHCHECK

2-4 HOURS

TOTAL PEACE OF MIND



Beacon HealthCheck

Welcome

Beacon Hospital's HealthCheck is a comprehensive health screening programme like no other in Ireland.

HealthCheck is suitable for both men and women. It is completed in 2 to 4 hours in our state-of-the-art Limerick clinic located on Barrington Street.

Gift vouchers available. Please contact us for further information.











It might just change your life

Health screening is a proactive approach to your personal wellbeing. It can assist by identifying, and thus reducing the risk to your health posed by conditions such as heart disease, stroke, diabetes and more. You will be tended to by an experienced multi-disciplinary team of medical professionals, all with access to the most advanced diagnostic technology.

A detailed personalised report will follow in the days post HealthCheck. This report will include interpretation of your test results as well as behaviour and lifestyle modification advice.

Should any of your results indicate that further investigation is required, your HealthCheck physician will discuss these with you. They will provide you with all necessary information and advice on the next steps to take including referral to an appropriate specialist.

If you would like your report sent to your General Practitioner, this can also be arranged.





Completed in approximately 2-4 hours, Beacon HealthCheck is inclusive of the following screenings:





Consultation

- Health Issues & Symptoms •
- Medical History ۲
- Allergy History ٠
- Medication
- Lifestyle Analysis ۲
- Family History •

- •
- FOB (Stool Analysis for Blood) •
- •

- Fasting Blood Sugar
- •

Comprehensive Blood Analysis

- Bone Profile
- Uric Acid (Gout Screen)
 - TSH (Thyroid Function)
- Liver Function Tests (LFT)
- Full Blood Count (FBC)
 - **Kidney Function Tests**
- Total Lipid Profile (Cholesterol, LDL & HDL Cholesterol Levels)
 - HBA1C & Fasting Blood Glucose





Cardiovascular Evaluation

• Joint Assessment

Muscle Evaluation

Respiratory Evaluation

Central Nervous System

Abdominal Examination

Physical Exam

- Blood Pressure
- Weight
- Body Mass Index
- Body Composition Analysis
- Spirometry Test
- Vision Assessment
- Hearing Assessment

Other Tests

- Urine Analysis (Infection, Kidney function)
- Electrocardiogram (Resting ECG or tracing of the heart)
- Chest X-ray (if clinically indicated)
- DEXA Scan (bone density scan, if clinically indicated)

'In an unpredictable world, you never know what tomorrow may bring. Beacon HealthCheck allows me to have a clear picture of my current bill of health giving peace of mind to me and my family.'

$\bigcap_{i=1}^{O}$

Tests for Men

- PSA Exam (Males Age 40 +)
- Prostate Exam (Males Age 50 +)
- Testicular Examination, if indicated



Tests for Women

Breast Examination

Beacon HealthCheck





Recommended Optional Extras*

	EXAM	RECOMMENDED FOR
	Mammogram	Women 50 – 65. Any woman symptoms over 35. Recomme
	Vascular Ultrasound	Smokers over 50.
	Stress ECG	Men over 40 and Women ove Family history, risk factors or disease, Type II diabetes, BM

Your Results

All relevant results are reported on by a specialist Consultant or Physician with the appropriate knowledge and expertise in their relevant areas (pathology, cardiology, radiology etc.).

A detailed, personalised report will be sent to you in the days following your HealthCheck. This comprehensive report will include interpretation of test results as well as behavioural and lifestyle modification advice.

- Results and reports available in a timely fashion
- A detailed personalised written report
- Behavioural and lifestyle modification advice

n with breast nended every 2 years.

ver 45. r symptoms of heart VI > 30. *Additional charges apply. A large range of other tests are also available. If there is any particular test you would like to have carried out, or if you have any particular health concerns, please just ask us.

- A copy of this report will be shared with your GP within 10 days.
- Should a referral be required to another specialist, our physicians will advise you on the most appropriate options for referral.
- All optional extra HealthCheck tests will be reported on within 10 days. Should abnormalities be discovered following optional tests, our doctor will be in contact prior to issuing your report.
- Optional tests reported on within 10 days
- Copy of report sent to your GP within 10 days
- Doctor contact in the case of any abnormalities





AT BEACON LIMERICK

GROUP BOOKINGS MAY QUALIFY FOR DISCOUNTS

To book your HealthCheck call 061 233 011 or email healthcheck@beaconlimerick.ie

