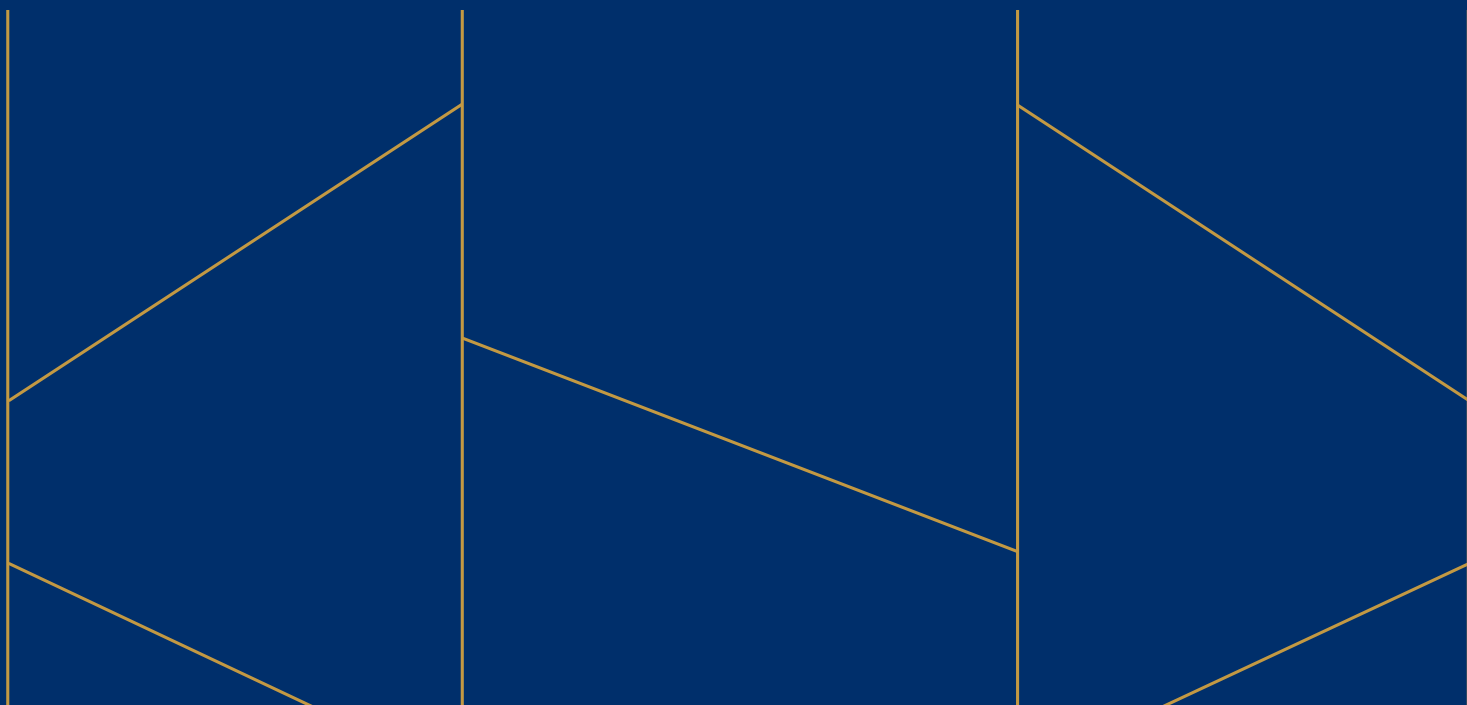




# Beacon HealthCheck

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AT BEACON LIMERICK



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1 HEALTHCHECK

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2 - 4 HOURS

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TOTAL PEACE OF MIND

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Beacon HealthCheck

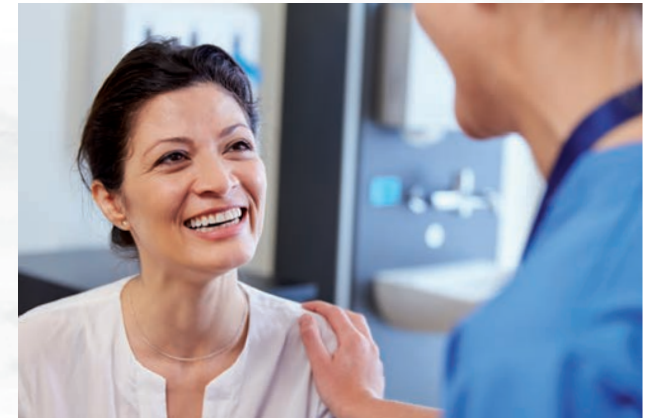
# Welcome

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Beacon Hospital's HealthCheck is a comprehensive health screening programme like no other in Ireland.

HealthCheck is suitable for both men and women. It is completed in 2 to 4 hours in our state-of-the-art Limerick clinic located on Barrington Street.

Gift vouchers available. Please contact us for further information.



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Beacon HealthCheck



# It might just change your life

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Health screening is a proactive approach to your personal wellbeing. It can assist by identifying, and thus reducing the risk to your health posed by conditions such as heart disease, stroke, diabetes and more.

You will be tended to by an experienced multi-disciplinary team of medical professionals, all with access to the most advanced diagnostic technology.

A detailed personalised report will follow in the days post HealthCheck. This report will include interpretation of your test results as well as behaviour and lifestyle modification advice.

Should any of your results indicate that further investigation is required, your HealthCheck physician will discuss these with you. They will provide you with all necessary information and advice on the next steps to take including referral to an appropriate specialist.

If you would like your report sent to your General Practitioner, this can also be arranged.



Beacon HealthCheck





Completed in approximately 2-4 hours,  
Beacon HealthCheck is inclusive of the  
following screenings:



### Consultation

- Health Issues & Symptoms
- Medical History
- Allergy History
- Medication
- Lifestyle Analysis
- Family History

### Comprehensive Blood Analysis

- Bone Profile
- Uric Acid (Gout Screen)
- TSH (Thyroid Function)
- Liver Function Tests (LFT)
- FOB (Stool Analysis for Blood)
- Full Blood Count (FBC)
- Kidney Function Tests
- Total Lipid Profile (Cholesterol, LDL & HDL Cholesterol Levels)
- Fasting Blood Sugar
- HBA1C & Fasting Blood Glucose

'Taking a proactive  
approach to my  
health allows me to  
be prepared for life's  
journey ahead.'



Beacon HealthCheck



## Physical Exam

- Blood Pressure
- Weight
- Body Mass Index
- Body Composition Analysis
- Spirometry Test
- Vision Assessment
- Hearing Assessment
- Cardiovascular Evaluation
- Joint Assessment
- Muscle Evaluation
- Respiratory Evaluation
- Central Nervous System
- Abdominal Examination

## Other Tests

- Urine Analysis (Infection, Kidney function)
- Electrocardiogram (Resting ECG or tracing of the heart)
- Chest X-ray (if clinically indicated)
- DEXA Scan (bone density scan, if clinically indicated)



### Tests for Men

- PSA Exam ( Males Age 40 +)
- Prostate Exam ( Males Age 50 + )
- Testicular Examination, if indicated



### Tests for Women

- Breast Examination



Beacon HealthCheck

'In an unpredictable world, you never know what tomorrow may bring. Beacon HealthCheck allows me to have a clear picture of my current bill of health giving peace of mind to me and my family.'







### Recommended Optional Extras\*

EXAM	RECOMMENDED FOR
Mammogram	Women 50 – 65. Any woman with breast symptoms over 35. Recommended every 2 years.
Vascular Ultrasound	Smokers over 50.
Stress ECG	Men over 40 and Women over 45. Family history, risk factors or symptoms of heart disease, Type II diabetes, BMI > 30.

\*Additional charges apply. A large range of other tests are also available. If there is any particular test you would like to have carried out, or if you have any particular health concerns, please just ask us.

### Your Results

All relevant results are reported on by a specialist Consultant or Physician with the appropriate knowledge and expertise in their relevant areas (pathology, cardiology, radiology etc.).

A detailed, personalised report will be sent to you in the days following your HealthCheck. This comprehensive report will include interpretation of test results as well as behavioural and lifestyle modification advice.

A copy of this report will be shared with your GP within 10 days.

Should a referral be required to another specialist, our physicians will advise you on the most appropriate options for referral.

All optional extra HealthCheck tests will be reported on within 10 days. Should abnormalities be discovered following optional tests, our doctor will be in contact prior to issuing your report.

- Results and reports available in a timely fashion
  - A detailed personalised written report
  - Behavioural and lifestyle modification advice
- Optional tests reported on within 10 days
  - Copy of report sent to your GP within 10 days
  - Doctor contact in the case of any abnormalities





# Beacon HealthCheck

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AT BEACON LIMERICK

GROUP BOOKINGS MAY QUALIFY FOR DISCOUNTS

To book your HealthCheck call 061 233 011  
or email [healthchecklimerick@beaconhospital.ie](mailto:healthchecklimerick@beaconhospital.ie)

All information correct at time of print, June 2022