



A GUIDE TO BEACON HOSPITAL



Beacon Hospital

THIS IS MODERN MEDICINE

Welcome to Beacon Hospital

Beacon Hospital is Ireland's most technologically advanced private hospital. Home to over 1,700 consultants, physicians, nurses, allied therapists and medical professionals, Beacon Hospital provides full service acute medical and surgical care across all areas.



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INTRODUCTION

Beacon Hospital is Ireland's most technologically advanced private hospital. Home to over 1,700 consultants, physicians, nurses, allied therapists and medical professionals, Beacon Hospital provides full service acute medical and surgical care across all areas.

Beacon Hospital continues to lead the way in bringing the most innovative and advanced surgical techniques to Ireland. Last year alone, there were multiple Irish firsts carried out in the South Dublin Hospital and a number of world firsts also.

Beacon Hospital
treats over 200,000
patients each year.

With over 200 inpatient beds and 1,700 consultants and healthcare professionals, Beacon Hospital treats over 200,000 patients each year. Beacon Hospital operates as a full-service acute hospital. Departments include, but are not limited to; Beacon for Kids, Breast Centre, Cancer Care (Medical Oncology, Radiation Oncology, Surgical Oncology, Pain Management), Cardiac Care (Cardiology, Rapid Access Cardiology Clinic, Cardiothoracics), Dermatology, Ear, Nose & Throat (ENT), Emergency Department, Endocrinology, Diabetes Centre, Endoscopy (Direct Access), Gastroenterology, General & Respiratory Medicine, General Surgery, HealthCheck, Intensive Care Unit (ICU), Neuro Sciences (Neurology & Neurosurgery), Orthopaedics / Sports Medicine, Pain Management, Physiotherapy, Plastic Reconstructive & Aesthetic Surgery, Radiology, Rheumatology, Surgical Day Unit, Urology, Vascular Centre, Women's Centre, Satellite Clinics.

Beacon Hospital's state-of-the-art theatre department has 9 top of the range theatres equipped with the latest technology. Our consultant surgeons and theatre staff are the most highly regarded and experienced in the country. Our theatres perform a range of elective surgeries as well as extremely time sensitive acute surgeries including open-heart surgery. The most complex of surgeries such as scoliosis correctional surgeries and operations to remove deep seated complex brain tumours are performed in our theatres on a daily basis.

Our Cancer Centre is the most extensive private centre in Ireland. The Centre is a fully encompassing service offering all the essentials such as medical oncology, radiation oncology (with Ireland's most advanced radiation oncology equipment), surgical oncology, oncology inpatient unit, oncology day unit, oncology direct access admissions, pain medicine, palliative care and patient support.

Beacon Centre for Orthopaedics is Ireland's most complete private Orthopaedic and Sports Medicine service. With access to over 18 specialist consultants along with our team of chartered physiotherapists and sports physiologists, our team will have you back on your feet in no time!

Beacon Hospital's Cardiology and Cardiothoracic Team consistently bring the latest in ground-breaking world-wide techniques to Ireland.

The philosophy at Beacon Hospital is to provide exceptional patient care in an environment where quality, respect, care and compassion are at the centre of all we do. We believe in investing in the best of technology, equipment and expertise in order to provide our patients with care unlike anywhere else.

BEACON FOR KIDS

Beacon for Kids is Ireland's largest and most comprehensive private paediatric medical and surgical service.

At Beacon for Kids, we treat children from the age of 6 months up to 16 years, at which point they are transitioned into adult care.

Some of the services provided by Beacon for Kids include: Cardiology, ENT, Orthopaedics, Endocrinology, General Medicine, General Surgery, Urology, Radiology, Physiotherapy, Speech & Language Therapy, Psychology, Dental Surgery and Ophthalmology.

Ireland's largest,
most comprehensive
and technologically
advanced paediatric
medical and
surgical facility.

Our purpose-built paediatric facility is designed with children in mind and aims to create a positive and relaxed experience for all of our little patients. Magical clinical rooms and a sensory play area provide lots to keep little minds occupied before and during appointments.

Our children's nurses are dual-qualified and PEARS (Paediatric Emergencies Assessment Recognition & Stabilisation) / PALS (Paediatric Advanced Life Support) certified.



Beacon for Kids surgical services performs thousands of paediatric surgeries each year. Some of the most commonly performed surgeries include adenoidectomy, circumcision, dental extractions, grommet insertion, hernia repair, tonsillectomy, undescended testes, spinal surgeries and orthopaedic surgeries.

For further information on Beacon for Kids including a full and up-to-date list of our paediatric consultants, please visit the Beacon for Kids section of our website.

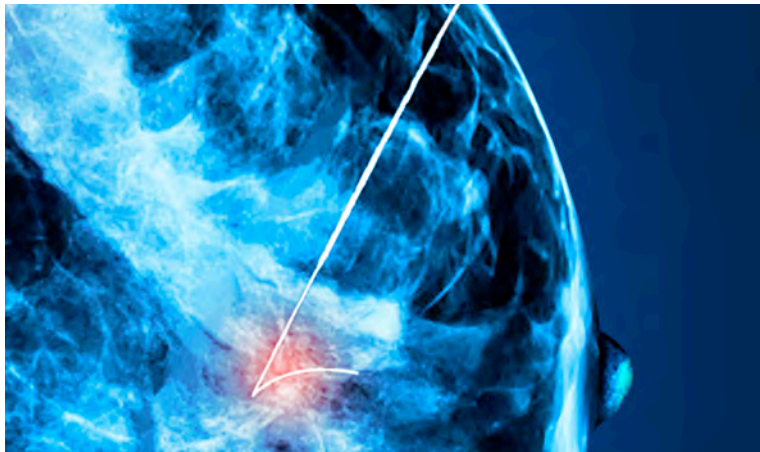


BREAST CENTRE

Beacon Hospital's Breast Centre offers patients swift access to our Triple Assessment Clinic run by our team of consultant breast surgeons, consultant radiologists, experienced radiographers and breast care clinical nurse specialists.

Our Breast Centre operates as a multidisciplinary service providing patients access to diagnostics, expertise as well as all elements necessary for treatment of various breast diseases. Included in the service are; diagnostic imaging, surgical intervention, medical and radiation oncology, support, inpatient care, pain management, physiotherapy, occupational therapy and reconstructive surgical options where required.

Our twice weekly Triple Assessment Clinics provide patients with access to the most technologically advanced diagnostic radiology equipment in Ireland.



These Clinics allow our patients to be consulted and have all necessary testing carried out on the same day. Common tests include mammogram, ultrasound and biopsy where clinically indicated. This same day service helps to reduce patient anxiety associated with lengthy waiting times.

Appointments can be made either via GP referral or by self-referral.

For further information on Beacon Hospital's Breast Centre including an up-to-date list of consultants, please visit our website.

Our Triple Assessment Clinics run twice weekly providing patients with access to the most technologically advanced diagnostic radiology equipment in Ireland.

CANCER CARE

Here at Beacon Hospital we offer Ireland's most extensive private cancer care service. Our Oncology team provide everything from diagnostics to medical oncology, surgical oncology, radiation oncology, inpatient care, pain management, physiotherapy, emotional support, access to worldwide clinical trials and more.

Our Consultant Medical Oncologists and Consultant Radiation Oncologists work together with Consultants across all other disciplines to treat cancers throughout the head, neck and body.

Some of the cancers most commonly treated in Beacon Hospital include, but are not limited to; Bowel Cancer, Brain Tumours, Breast Cancer (male and female), Cervical Cancer, Colorectal Cancer, Head and Neck Cancers, Liver Cancer, Lung Cancer, Ovarian Cancer, Pancreatic Cancer, Prostate Cancer, Skin Cancer, Stomach Cancer and more.

The majority of patients come to our Cancer Care centre via referral from a consultant in another discipline. Often, they have been sent to this consultant by their GP for further examination of a specific issue. These can include referrals from an array of departments such as the women's or breast centre, urology or endoscopy.



If your consultant finds something that they believe could be cancerous during imaging or a physical examination, a biopsy will usually be taken and sent to pathology for analysis. Analysis of this biopsy can take anything from a number of hours to a period of days or a couple of weeks. How long analysis will take is dependent on a number of factors. On the day your biopsy is taken, your consultant will give you an indication of when you can expect the results to be available.

Beacon Hospital is home to Ireland's most extensive private cancer centre.

Whatever the result, our team will be there to assist and support you throughout this journey.

For further information on our Cancer Care services including the most up-to-date lists of consultants, please visit our website, beaconhospital.ie

CARDIAC CARE

Beacon Hospital's Cardiac Care is comprised of three main departments and services. These are: Cardiology, Rapid Access Cardiology Clinic (RACC) and Cardiothoracic Surgery.

Beacon Hospital's Cardiology Department has access to the latest in diagnostic technology including Ireland's largest Cardiac MRI (CMR) Centre. Our Cardiology Department is run by a team of expert consultant cardiologists, cardiac physiologists and cardiology nurses.

Our Consultants have the facilities of our newly upgraded non-invasive cardiology unit as well as two state-of-the-art Cardiac Cath Labs. A large range of procedures including stenting, cardiac ablation, balloon angioplasty, pacemaker insertion, electrophysiology and valve replacement take place in these Cath Labs.

The Rapid Access Cardiology Clinic (RACC) provides symptomatic or worried patients with direct access to a Consultant Cardiologist and testing where clinically indicated. Patients who may have a family history of heart disease or those who have concerns for their heart are welcome to attend the clinic to have a heart check.

Beacon Hospital's Cardiology Department has access to the latest in diagnostic technology including Ireland's largest Cardiac MRI (CMR) Centre.



Beacon Hospital's Cardiothoracic Department is home to a number of world-renowned consultant cardiothoracic surgeons performing the most complex of heart surgeries both open and through the latest in minimally invasive techniques. The department has, on a number of occasions, been the first in Ireland, the UK and Europe to perform a number of ground breaking procedures.

Patients requiring admission after their procedure will be transferred to a room on our third floor Cardiac Care Ward. Patients requiring extra care post procedure may spend the early stages of their recovery in our state-of-the-art ICU or CCU.



DERMATOLOGY

Dermatology is the diagnosis and treatment of disorders of the skin, hair and nails. At Beacon Hospital, we have a number of consultant dermatologists on our team.

Dermatology covers a huge area of medicine and thousands of disorders, diseases and symptoms. Some of the main disorders treated include, but are by no means limited to; acne, acne scarring, eczema, moles, psoriasis, skin cancers, rosacea, uneven skin tone / texture and many more.

Dermatology is the diagnosis and treatment of disorders of the skin, hair and nails.

Our experienced consultant dermatologists spend their time between clinics and the Satellite Day Unit. The Satellite Day Unit is where they perform minor procedures such as biopsy as well as removal of lesions and more. Lesions and samples removed are sent to the lab for testing and your dermatologist's secretary will be in touch with you in relation to your results.

To find out more about our consultant dermatologists and the services they provide, please check out the Dermatology section of our website.



EAR, NOSE & THROAT (ENT / OTOLARYNGOLOGY)

Otolaryngology/ Ear, Nose & Throat or ENT is the area of medicine/surgery dealing with conditions of the head and neck. Here at Beacon Hospital, we provide a fully encompassing ENT service to both adults and children.

Our consultant ENT surgeons are qualified in the medical and surgical treatment of conditions of the head, neck, ears, nose and throat as well as facial plastic and facial cosmetic surgery.

Some of the most common ailments we treat in our ENT Department include, but are not limited to: sinus problems, head and neck cancers and tumours, hearing problems such as loss of hearing, tinnitus, perforated eardrum, grommet insertion and more. Disorders of the throat such as problems with the voice, snoring or swallowing, removal of tonsil surgeries etc. Allergies and chronic sinusitis are also commonly treated problems in Beacon Hospital's ENT Department. Our expert consultants offer advanced and exclusive minimally invasive, ground-breaking techniques.

For further information on the procedures and our most up-to-date list of consultant ENT surgeons, visit the ENT section of our website.

We provide a comprehensive ENT service for both adults and children.



EMERGENCY DEPARTMENT (ED)

Supported by the full acute services of Beacon Hospital, our consultant-led ED is Ireland's most comprehensive private Emergency Department.

Our team of experts are on hand to offer access to medical assessment, diagnostics and treatment. Our experienced consultants in emergency medicine and their team treat an array of conditions and injuries from sprains, breaks and cardiac complaints to acute medical and surgical emergencies.

Patients requiring diagnostic imaging will be referred directly to Ireland's most technologically advanced Radiology Department on the hospital's ground floor. Required blood tests will be taken in the ED and sent to our on-site laboratory for analysis. Reporting is sent back to your emergency physician who will then be able to guide you on the best course of treatment, should any be required.

The Emergency Department is available to those over the age of 16 years both with private health insurance and those who wish to self-pay.

Who cannot be treated at Beacon Hospital's ED?

- **Children:** Under 16's will not be treated in Beacon Hospital's ED. Children should be brought to your closest children's hospital emergency department.
- **Pregnant Patients:** Patients who are pregnant should attend the emergency department in their nearest maternity hospital.
- **Psychiatric Emergencies:** Beacon Hospital is not equipped to treat psychiatric emergencies. If a patient is suffering from a psychiatric emergency please contact your local general hospital. If the person is suspected of being in immediate danger to themselves or others, contact emergency services on 999 or 112.
- **Stroke Patients:** Patients who are suffering from a suspected stroke are advised to call an emergency ambulance immediately. If you, or someone you know is suffering from a suspected stroke, dial 999 or 112 immediately.

Please visit the Emergency Department section of our website for the most up-to-date opening hours and fees information or call us on 01 293 9999.

Please note that under certain health insurance plans, you may be required to pay a certain amount of the ED fees upfront upon attending the Department.

Our team of experts are on hand to offer immediate access to medical assessment, diagnostics and treatment.

Note: Our staff will aim to triage you within 30 minutes of your registration in the department. Please note that when you will be seen by a Physician will be dependent on the acuity of your condition and not on a first come first served basis. We thank you for your understanding.

ENDOCRINOLOGY

Beacon Hospital's Endocrinology Department offers expert investigation, diagnosis and treatment of hormone related conditions including, but not limited to, Diabetes (Types 1 and 2), Thyroid problems (underactive and overactive), PCOS (Polycystic Ovary Syndrome) and more.

Our team of experienced consultant endocrinologists work together with our clinical nurse specialists, dietitians, wound care specialists, vascular experts as well as consultants and nursing staff across all departments of the hospital.



As Diabetes becomes increasingly common, our consultants and diabetes clinical nurse specialists have set up a dedicated Diabetes Centre. The Diabetes Centre coordinates patient care around a number of Diabetes related symptoms and conditions.

To find out more about Beacon Hospital's Endocrinology Services and available consultants, please visit the Endocrinology Department page of our website.

ENDOSCOPY

Beacon Hospital's state-of-the-art Joint Advisory Group (JAG) and Joint Commission International (JIC) accredited Endoscopy Department has been equipped with cutting-edge technology for endoscopic procedures and decontamination. Our Department has been specially designed with patient safety and comfort in mind.

Endoscopy is a procedure which allows your consultant to use specialised instruments to view the internal organs and vessels in your body. It allows your consultant to see problems within your body without making any large incisions.

Our state-of-the-art Endoscopy Unit is both JCI and JAG accredited.

An endoscope is a flexible tube with a camera and a light at the end. Your consultant will gently insert this tube through a natural opening of the body such as the nose, mouth or back passage.

Once inserted, the endoscope can be guided to the organ requiring examination. The camera at the end of the scope feeds live images of your organs to a screen. Your consultant is able to get a clear visual on this screen and can decide if there is a need to take any samples for biopsy.

If samples are required, a tiny tool at the end of the endoscope can be used to do this. Any samples removed will be sent to the laboratory for analysis.

Should your consultant find anything of concern, arrangements will be made to provide whatever next steps are necessary. If there are no concerns, your consultant will discharge you back into the care of your GP.

For further information on our Endoscopy Department and a list of our JAG accredited consultants, please visit our website.

| GASTROENTEROLOGY

Gastroenterology is the area of medicine that focuses on the health of the digestive system, or the gastrointestinal (GI) tract. It is concerned with the normal functioning and disorders of the oesophagus, stomach, small intestine, pancreas, gallbladder, bile ducts, liver, colon and rectum.

Our team of experienced consultant gastroenterologists have the expertise to examine, diagnose and treat an abundance of conditions and disorders of the gastrointestinal tract.

It involves an understanding of the normal function of the gastrointestinal organs including the movement of material through the stomach and intestine, the digestion and absorption of nutrients, removal of waste, and the function of the liver.

Some common conditions treated by a consultant gastroenterologist include, but are not limited to: gastroesophageal reflux (heartburn), peptic ulcer disease, colitis, gallstones, liver abnormalities, nutritional problems and pancreatitis.

Our team of experienced consultant gastroenterologists have the expertise to examine, diagnose and treat an abundance of conditions and disorders of the GI Tract.

For more information on our Gastroenterology Department and the consultants involved, please visit the Gastroenterology page of our website.



| GENERAL INTERNAL & RESPIRATORY MEDICINE

General Internal Medicine, or GIM as it is most commonly referred to as, is the area of medicine which focusses on the prevention, diagnosis and treatment of internal diseases.

Beacon Hospital's General Internal & Respiratory Medicine Department treats a large range of illnesses and disorders including those related to; respiratory issues such as long Covid, breathlessness, lung diseases, asthma and COPD as well as General Medical problems such as gastroenterology, liver issues, renal (kidney) problems, infectious diseases and rheumatology amongst others.

Beacon Hospital's brand new state-of-the-art General Internal Medicine Clinic is located in Suite 3 of the Mall, adjacent to the hospital.

Our specialist consultants have an abundance of experience, the latest in diagnostic technology and are backed by the full acute services of Beacon Hospital.

To find out more about our General Internal & Respiratory Medicine service, including an up-to-date listing of consultants, please visit our website.

Beacon Hospital's state-of-the-art General Internal Medicine Clinic diagnoses and treats a host of complex diseases and disorders.



BEACON HEALTHCHECK

Located in a new luxury purpose-built suite, Beacon HealthCheck is Ireland's premier health screening service. This physician-led service offers comprehensive all-round health screening in Ireland's most technologically advanced hospital. Our service, unlike any other in Ireland, offers you same day reporting eliminating worrisome waiting periods.

Ireland's only
comprehensive
health screening
service offering
same day results.

Our experienced physicians will complete a full health assessment with you. This will take into consideration elements of your lifestyle, medical history, family history and other relevant concerns. You will then have a number of tests carried out. These include a combination of blood tests, eyesight examination, hearing tests and any other scans or tests which may be clinically indicated.

Required scans take place in Ireland's most technologically advanced Radiology Department, also located in Beacon Hospital.

Once your HealthCheck is complete, usually between 2 and 4 hours, you will receive a summary report to take home.



A full and detailed report will be sent to you in the days following your HealthCheck. This detailed report can also be sent to your GP.

In the event that further investigations or treatment are needed, your HealthCheck physician will be able to swiftly refer you to a specialist Consultant in the required field. Test results or any other relevant information will also be made available to the specialist consultant to ensure a seamless transfer of your care.

For more information on Beacon HealthCheck, please visit the HealthCheck section of our website or email healthcheck@beaconhospital.ie to request an information pack.



INTENSIVE CARE UNIT (ICU)

Beacon Hospital's Intensive Care Unit (ICU) is the most comprehensive private ICU in Ireland.

The ICU is run jointly with our High Dependency Unit (HDU) and the Coronary Care Unit (CCU) and has the latest in medical technologies available to our patients 24/7.

This JCI and VHI accredited Unit is led by our team of consultants in Intensive Care Medicine and Anaesthesia. This team of consultants work closely with our highly specialised team of 24-hour anaesthetic registrars, critical care nurses as well as consultants, nurses and therapists from across all necessary disciplines.

Our 8 private ICU cubicles function as individualised units for patients requiring isolation precautions due to illness or infection. Each Unit is fronted by glass allowing the central nurses station full view of the patient at all times.

The ICU is run jointly with our High Dependency Unit (HDU) and the Coronary Care Unit (CCU). It has the latest in medical technologies available to our patients 24/7. This includes non-invasive and advanced mechanical ventilation, continuous haemodynamic monitoring systems, renal replacement therapy, Ireland's most technologically advanced radiology equipment and an enhanced thoracic recovery programme amongst others.

For more information on Beacon Hospital's Intensive Care Unit as well as the most up to date information on our ICU consultants, visit beaconhospital.ie.



NEUROLOGY

Neurology is a special branch of medicine concerned with the study and treatment of disorders of the nervous system. The nervous system is a complex and intricate structure, regulating and coordinating the body's activities.

At Beacon Hospital, our Neurology service treats patients suffering from a number of ailments including epilepsy, movement disorder and other cognitive conditions, stroke and cerebrovascular diseases. Often, patients suffering from neurological disorders and conditions may require input from different medical experts such as Occupational or Speech and Language Therapy in the case of stroke. Where required, our consultant neurologists work as part of a team with all other necessary experts to ensure the patient's care needs are met in our one Centre of Excellence.

To read more about our Neurology Department and consultant neurologists, please visit our website.

Our consultant neurologists work as part of a multidisciplinary team to ensure patients get the care they need to assist with all aspects of their treatment and recovery.

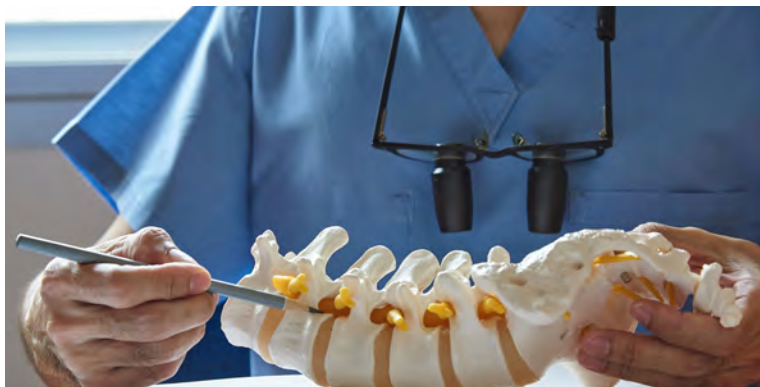
NEUROSURGERY

Neurosurgery is the specialty which looks after the surgical treatment of disorders of the nervous system, especially the brain and spinal cord. Some of the most commonly performed neurosurgeries carried out in Beacon Hospital include removal of complex brain tumours and spinal surgeries such as those for correction of scoliosis, slipped discs and spinal fusions.

Patients referred to a neurosurgeon will have undergone various diagnostic imaging to determine what next steps, if any, are necessary. If your care requires an MDT (multidisciplinary team) approach, your consultant will arrange this.

Beacon Hospital was the first hospital in Ireland to introduce new 3D technologies such as the use of Orbeye for removal of deep seated complex brain tumours.

An example of when an MDT approach may be necessary is where there is a discovery of a brain tumour which may need a group of experts for different medical inputs. Your neurosurgeon may perform the surgery to remove the tumour. A medical oncologist and radiation oncologist may also be needed to provide therapies from their areas of expertise. E.g. Radiation oncology to shrink the tumour before surgery and potentially medical oncology for chemotherapy post-surgery.



Beacon Hospital has a fully encompassing acute care service and is able to provide the necessary care for all stages of your journey.

Our Theatre Department is equipped with the latest in operating technology and appropriately staffed to perform even the most complex of spinal surgeries such as scoliosis correctional surgeries on children, adolescents and adults. Our team of specialist physiotherapists work directly with the neurosurgeons and the wards in ensuring rehabilitation post-surgery is carried out in line with best practices globally.

For more information on our Neurosurgery Department or consultant neurosurgeons, please visit the Neurosurgery section of our website.



ORTHOPAEDICS / SPORTS MEDICINE

Beacon Hospital's Orthopaedics Department is Ireland's most comprehensive private centre for orthopaedics, trauma and sports medicine.

Beacon Centre for orthopaedics and sports medicine has access to 18 specialist orthopaedic, trauma and sports consultants in a state-of-the-art centre complete with Sports Lab, X-Ray, Wound Care and our team of expert physiotherapists.

Our consultant orthopaedic surgeons treat all areas of the body including back, shoulder, neck, hips, arms, hands, elbows, legs, knees, feet and ankles.

We routinely perform trauma surgeries as well as joint replacement surgeries and more.

We are one of the first centres in Ireland to offer partial knee replacement surgery as an alternative to total knee replacement as an option for patients who may not require the entirety of the joint to be replaced.

We were the first centre in Ireland to adopt mixed reality in the operating theatre to enhance outcomes for shoulder replacement patients.

Our Orthopaedics and Physiotherapy Department have developed highly specialised pre-hab programs to enhance patient recovery post joint replacement surgery. These programs are available exclusively at Beacon Hospital.



Our surgeons have the support of the full-service acute hospital including Ireland's most technologically advanced diagnostic radiology unit, 8 top specification operating theatres and a comprehensive Intensive Care service.

Our team of experienced chartered musculoskeletal physiotherapists work closely with our orthopaedic surgeons to provide an exclusively developed prehab and rehab in order to enhance patient recovery.

For more information on the procedures available at our Orthopaedics Department along with an up to date list of our consultant orthopaedic, trauma and sports medicine specialists, visit the Orthopaedics section of our website or call the Centre on 01 293 7575.

Beacon Centre for Orthopaedics & Sports Medicine is the most comprehensive private Orthopaedic and Sports Medicine offering in Ireland.

| PAIN MANAGEMENT

Pain Management is a highly specialised area of medicine involving the evaluation, diagnosis and treatment of all types of pain.

Beacon Hospital's Pain Management Service provides expert care to patients suffering from a wide spectrum of disorders causing both chronic and acute pain.

Beacon Hospital recognises chronic pain as a condition in its own right and are here to offer our patients the latest in treatments allowing them to restore quality of life.

Our Pain Management Team is made up of our experienced consultants in anaesthesiology and pain medicine, our pain management clinical nurse specialists, our specialised physiotherapists and occupational therapists.

Some of the pain types managed in Beacon Hospital's Pain Medicine Department include; cancer pain, chronic pain conditions, spinal pain (back and neck), injury or illness related pain, post-surgical, nerve pain and more.

Methods of pain treatment include; Medication use, Interventional Therapies (e.g. joint injections, nerve blocks), Physical/Exercise Therapies (e.g. Occupational Therapy, Physiotherapy, Hydrotherapy, Transdermal Electronic Nerve Stimulation – TENS), Psychological Therapies.

For more information on our Pain Management service including the consultants and clinical nurse specialists involved, please visit our website.



| PSYCHOLOGY

Beacon Hospital runs regular outpatient Psychology Clinics for both adults and paediatrics (children).

Our experienced adult clinical psychologists specialise in treatment for anxiety, mental health evaluations, cognitive behavioural therapy (CBT), depression, eating disorders, obsessive compulsive disorder (OCD), psychotherapy and more.

Our paediatric clinical psychologists specialise in anxiety, child psychology, depression, emotional regulation and more.

To find out more about psychology service and the team, visit the Clinical Psychology section of our website.

Our outpatient Clinical Psychology Clinics offer specialists for both adult and paediatric patients.



PHYSIOTHERAPY

Beacon Hospital's Physiotherapy Department offers a comprehensive service to both inpatients and outpatients across all areas from surgical rehabilitation and injury treatment to strengthening and maintenance of a healthy musculoskeletal system.

Our staff are highly qualified chartered physiotherapists with a wealth of experience. We have expert physiotherapists with an interest in sport injuries, pre-surgical prehab, post-surgical recovery, general injuries and wear and tear, strength and conditioning as well as physiotherapists to work with patients on strengthening organs such as the lungs and heart.

Some of the most common physiotherapy treatments and therapies carried out in Beacon Hospital include; cardiac and pulmonary exercise and strengthening (heart and lungs), back and neck disorders, joint disorders, lymphoedema assessment & management, muscle/ligament/tendon injuries, orthotics & footwear advice, prehabilitation (pre-surgical programs), paediatric physiotherapy, pain management, pelvic floor rehabilitation (for incontinence, both stress and urge related), post-cancer rehabilitation, respiratory therapy, rheumatology/fracture management, sports injuries, stress management and more.



Our physiotherapists also offer online and in-person small group classes for patients in similar groups. These classes include; Back to Fitness, Pilates, Heart Health, post-surgical rehab as well as pre-surgical prehab which helps to optimise your recovery after surgery. Classes create a supportive and inclusive environment where patients feel at ease and is often mentally beneficial to interact with others going through similar ailments.

Pilates classes are regularly scheduled for all levels. These are available online or in small groups.

Beacon Hospital's Physiotherapy Centre is also home to a range of other allied therapies including Hand Therapy, Occupational Therapy and Speech & Language Therapy for both adult and paediatric patients.

To find out more about Beacon Hospital's comprehensive Physiotherapy and Allied Therapies services, classes, prices or to book an appointment (no referral necessary) please visit the Physiotherapy section of our website, call 01 293 6692 or email physiotherapy@beaconhospital.ie



PLASTIC, RECONSTRUCTIVE & AESTHETIC SURGERY

Beacon Hospital's Plastic, Reconstructive & Aesthetic Surgery Department offers a wide range of surgeries and procedures catering to both physical and functional requirements in our full-service acute hospital.

When choosing a plastic surgeon, there are many important indicators to watch out for. Is the consultant on the Specialist Registrar? Are they fully accredited? Is their practice based in Ireland or are they only sporadically in the country for theatre lists? Where is the procedure being carried out, is it a full-service hospital, is there emergency care available, how about an ICU?

At Beacon Hospital, all of our experienced consultant plastic, aesthetic and reconstructive surgeons are educated to the highest standard and are Specialist Registered in Ireland. All procedures are carried out in our state-of-the-art theatres and are supported by the full-service hospital should any additional care be required.

Our consultant plastic, aesthetic & reconstructive surgeons work as part of a team with our anaesthetists, nurses and other medical professionals in ensuring patients are in the safest of hands for their procedures. If overnight stays are required, patients will be seamlessly transferred to one of our wards to begin the initial stages of their recovery.



Patients are closely monitored and given thorough aftercare advice when they are being discharged. Follow up appointments are arranged and emergency contact numbers provided to the patient should they need additional advice post-discharge.

Surgeries frequently carried out in Beacon Hospital's Plastic, Reconstructive and Aesthetic Department include, but are not limited to; Breast Augmentation / Lift / Reduction, Reconstructive Breast Surgery, Eyelid Lift (Blepharoplasty), Facial Plastic Surgeries, Labiaplasty, Liposuction, Male Breast Reduction, Nose Surgery, Post-Weight Loss Surgery, Prominent Ear Surgery, Scar Revision, Tummy Tuck, Vaginal Reconstruction (common after traumatic childbirth) and more.

All of our consultant plastic, aesthetic & reconstructive surgeons are highly qualified and Specialist Registered in Ireland.

To find out more about the services offered, or the consultant plastic, reconstructive & aesthetic surgeons available, please visit the Department section on our website.

RADIOLOGY

Beacon Hospital is home to the most technologically advanced Radiology equipment in Ireland.

Our team of expert consultant radiologists work together with our highly qualified and experienced radiographers in ensuring that patients receive the best care combined with top quality imaging and reporting.

Beacon Hospital is home to Ireland's most technologically advanced Radiology department and equipment.

Our Radiology Department is a fully digital unit. This allows your radiographer to see the scans as they are taken, ensuring all essential areas have been included and are clearly visible. Digital scans allow your primary consultant access to the images remotely, thus enabling all medical professionals involved in your care to be fully informed of your reports and results without delay.

As well as having Ireland's largest and most advanced CMR (Cardiac MRI) Centre, Beacon Hospital Radiology also offers the following; CT Scans, CAT Scans, DEXA Scans, Fluoroscopy, HIDA Scan, Mammogram, MRI, Nuclear Medicine, PET CT, Ultrasound, X-Ray and more. Our team are educated and trained to the highest levels internationally and offer a service like no other in Ireland.

For more information on Beacon Hospital's Radiology Department, consultant radiologists and how to submit your GP referral, please visit the Radiology Department section of our website.



RHEUMATOLOGY

Rheumatology is the area of medicine which deals with joints, soft tissues, autoimmune diseases and heritable connective tissue disorders.

At the Rheumatology Department in Beacon Hospital, our team of expert consultant rheumatologists diagnose, manage and treat all rheumatic conditions patients are faced with.

Our comprehensive Rheumatology Department is located in its own brand-new state-of-the-art outpatient clinic in Suite 3 of The Mall, adjacent to the hospital.

For more information on the Department, conditions treated and our consultant rheumatologists, please visit the Rheumatology section of our website.

* Please note a GP referral is required for appointments with a consultant rheumatologist.

Our team of consultant rheumatologists offer expert assessment and treatment of a range of rheumatic conditions and disorders.



SATELLITE CLINICS

Beacon Hospital's Satellite Clinics are based in Dublin 8, Drogheda, Mullingar and Wexford for your convenience.

Our clinics offer consultations with expert consultants from a variety of specialties in the afore mentioned locations.

Patients may have their consultation and any follow up appointments in their chosen satellite clinic. The only time they will have to travel to the hospital campus will be for any diagnostics or procedures required.

To see the most up-to-date list of consultants in each of the satellite clinics, please check out the Satellite Clinic pages on our website.

Our Satellite Clinic Locations:

| | | |
|------------------|---|-------------------|
| Beacon Drogheda | Drogheda Retail Park | Tel: 041 984 6409 |
| Beacon D8 | 654 Hyde Square, South Circular Road Saint James', Dublin 8 | Tel: 01 562 8686 |
| Beacon Mullingar | Ballinderry, Mullingar, Co. Westmeath | Tel: 044 933 0449 |
| Beacon Wexford | Ferrybank South, Wexford | Tel: 053 912 1918 |



SPORTS LAB

Ireland's most comprehensive Sports Lab is now available at Beacon Hospital.

Whether it's injury treatment or performance management you're looking for, we have the expertise to help you to Reach your Potential. The Sports Lab tailors programs for all fitness levels. Whether you are looking to start couch to 5k or compete in an Ironman Triathlon, our sports physiologists will give you the tools you need to succeed.

This new state-of-the-art high-performance Sports Lab with VO2 Max and Isokinetic Strength Testing provides clients with the ideal environment to optimise performance, whatever their fitness level or physical abilities.

We believe in a team based approach to injury prevention and management with rapid access to highly skilled professionals specialising in Sports Medicine, Orthopaedics, Musculoskeletal Radiology and Sports Rehabilitation. Our Sports Medicine team is led by internationally renowned consultants in Sports and Exercise Medicine.

For more information or to make an appointment, please visit the Sports Lab section of our website or email sportsmedicine@beaconhospital.ie

No GP referral is required for this service.

Whether it's injury treatment or performance management you're looking for, we have the expertise to help you to Reach Your Potential.

| SURGICAL DAY UNIT

Beacon Hospital's state-of-the-art Surgical Day Unit, or SDU, is specially designed to carry out admissions and provide pre-operative care to surgical patients.

Located on the first floor, the Surgical Day Unit provides a registration and admission service for surgical patients.

Patients arriving for surgery will be checked in, admitted and have all necessary pre-operative care and checks performed in the SDU.

Once admitted, patients will be escorted to their assigned cubicle by a member of our team. Patients will be given a hospital gown, non-slip socks and disposable underwear to change into. Your nurse will then meet with you to go through your pre-operative checks and questions. You may be asked to provide a blood or urine sample also.

Post-surgery, patients who are day cases (not overnight stays), will be returned to this unit for recovery monitoring until their next of kin or nominated person arrives to collect them.

It is important to note that all jewellery must be removed prior to your surgery. For this reason, we suggest that you leave all jewellery, valuable personal belongings and large sums of cash at home.

For more information on our Surgical Day Unit (SDU) please visit the Department's section on our website.



| UROLOGY

Urology is the area of medicine that focuses on medical and surgical diseases of both the male and female genitourinary tract (urinary tract) system and the male reproductive organs.

Beacon Hospital's recently redeveloped Urology Department is located in new state-of-the-art clinics on the hospital's 5th floor. Each of the three Urology Suites has been equipped with the latest in technology for both diagnostics and treatment. Our urology clinical nurse specialists work with our consultants in ensuring all patient needs are met.

Our experts in diagnostics have the ability to perform the full range of urological diagnostic tests from radiology imaging and flow tests to biopsy of tissue samples.

Our consultant urologists have access to 8 theatres including the use of the latest in technology such as laparoscopic, robotic and first in Ireland technologies such as the HoLEP procedure for Benign Prostatic Hyperplasia (BPH).

Beacon Hospital's Urology Team works together as part of a wider team across the hospital ensuring our urology patients receive any additional care required in our one centre of excellence. Patients requiring assistance from the Pelvic Floor Centre, Oncology, Radiation Oncology or Psychological appointments can all be taken care of as part of our MDT (Multidisciplinary Team) structure.

For the latest on consultant urologists available at Beacon Hospital, along with information on some of the most common procedures performed at the centre, visit the Urology Department section of our website.

*Please note a GP referral is required for urology appointments.

WOMEN'S CENTRE

Beacon Hospital's Women's Centre is home to a number of highly skilled consultant gynaecologists and specialist women's health nurses with experience across a range of gynaecological conditions requiring medical or surgical intervention.

Our experienced consultant gynaecologists assess and treat a range of medical and surgical women's health issues.

Our dedicated Women's Centre is located on the second floor of Suite 35 of the Mall, adjacent to the hospital. All outpatient Consultations and examinations will take place in this clinic.

Our consultant gynaecologists have access to the full-service acute hospital and regularly work as part of a multidisciplinary team where patients may need care

input from a range of services. These include the Oncology, Surgical, Pain Management, Pelvic Floor, Physiotherapy and more.

Some of the conditions we frequently manage and procedures we commonly carry out include the following:

- Endometriosis Management / Treatment
- Fibroid Resection Surgery (Hysteroscopic / Laparoscopic Method)
- Hysterectomy – both traditional and robotic methods
- IUD Insertion / Removal
- Menopause
- Ovarian Cyst Surgery (Hysteroscopic / Laparoscopic Method)

For a full up to date list of consultants available in Beacon Hospital's Women's Centre, please visit our website.



VASCULAR DEPARTMENT

Beacon Hospital's Vascular Department is comprised of our Vascular Diagnostics Unit and our Vascular Surgical Services.

The Vascular team consists of our chief vascular physiologist and our expert consultant vascular surgeons. Vascular services available include diagnostic imaging and both minimally invasive and surgical treatment options.

Some of the most commonly presenting conditions to the Vascular Department include, but are not limited to:

- Aneurysm – an abnormally large bulge or ballooning in the wall of a blood vessel
- Arterial Diseases
- Deep Vein Thrombosis (DVT) – occurs when a clot develops in a vein deep within the body
- Leg Ulcers – open wounds / sore which do not properly heal on the patient's legs
- Varicose Veins – enlarged and twisted veins, most commonly found in the legs

To find out more about Beacon Hospital's Vascular Department or the consultants available, please check out our website.

OUR LOCATION; DIRECTIONS AND GETTING HERE

Beacon Hospital is located in Sandyford Industrial Estate, just off exit 15 of the M50. Our full address is Beacon Hospital, Sandyford, Dublin 18, D18 AK68.

The easiest way to find us, whatever your chosen mode of transport, is to enter 'Beacon Hospital' into Google Maps on a smart phone.

If you do not have a smart phone you can print off the directions from our website prior to setting out on your journey.

There is an underground carpark available at the hospital. Upon turning into the entrance, keep right. You can take a ticket from the machine upon entry. Payment can be made by cash or card at any of the payment machines located in the carpark prior to exiting.

If you are getting the Luas please disembark at the 'Stillorgan' stop. Cross the tracks and walk away from the Luas up to the hospital, approx. 10 minutes.

If you wish to take a bus to the hospital take the number 11 or the number 75 and alight at the Blackthorn Road stop. Ask the driver to let you know when it is your stop if you are unsure.



CONTACT NUMBERS

We have provided below a list of some of our most requested telephone numbers. Please note that phones in all departments may not be manned 24/7.

For further information, including opening hours of the various departments, please see our website or contact our main switch.

| | |
|---------------------------------|-------------|
| Main Switch: | 01 293 6600 |
| Emergency Department: | 01 293 9999 |
| Rapid Access Cardiology Clinic: | 01 293 6694 |
| Physiotherapy: | 01 293 6692 |

For individual department or consultant numbers, please visit the appropriate section of our website.

VISITING HOURS

Beacon Hospital's most up-to-date visiting hours and information can be found on our website.

If you do not have access to a computer, please contact us on 01 293 6600 for visiting information.

If visiting is not possible for any reason, please note that each patient has their own direct phone line to their bed which our team can transfer your call to. Our staff are also happy to facilitate 'virtual visits' via Skype for patients and their families, please just ask!

I INSURANCE AND SELF-PAY

Did you know that Beacon Hospital is covered by more than 90% of Private Health Insurance (PHI) plans? In order to ensure you are covered, or to check your level of cover, patients are encouraged to contact their PHI provider prior to admission.

If you are due to have a procedure in Beacon Hospital, our team can provide you with the procedure code for your insurer. Your insurer will require this code and the name of your consultant to check if you are covered.

If you do not have Private Health Insurance, you can still be treated at Beacon Hospital through our self-pay option. Many patients choose to self-pay for procedures. In these instances, you will be required to pay up-front for the procedure. You may be able to claim back a percentage of fees paid at the end of the year via tax relief for medical costs. More information about tax relief can be found on the revenue website.

If you have any questions about billing, self-pay, insurance or would like to make a payment over the phone, please call us on 01 293 6600 and ask to be directed to our Patient Accounts Department.

If you would like to make a payment on an outstanding bill, you can do so on our website using the unique patient number on your bill.



I OUR CONSULTANTS

At Beacon Hospital, we are proud to have over 300 highly skilled consultants working as part of our team. For the most up-to-date list of our consultants and their contact details, please visit our website.

Please note that to make an appointment with a consultant, a GP referral is required. Exceptions apply to the Emergency Department, Rapid Access Cardiology Clinic, Physiotherapy, Sports Lab, HealthCheck and Breast Centre Triple Assessment Clinics.

I INFECTION PREVENTION CONTROL

Beacon Hospital's Infection Prevention Control (IPC) Team works across all areas of the hospital and outpatient clinics instilling the most robust of measures to ensure the safety of our patients.

The IPC Team provide ongoing education and assessment to staff across all Departments in relation to potential IPC dangers. Training and assessment covers correct use of Personal Protective Equipment (PPE), hand hygiene, disinfection of surfaces, appropriate patient procedures including all necessary precautions in infectious situations and more.

Our IPC Team have repeatedly been recognised for the outstanding job they do in passing regular external international standards audits.



PATIENT SAFETY, QUALITY & FEEDBACK

Beacon Hospital is accredited by the Joint Commission International, or JCI. JCI is a not-for-profit organisation which audits, accredits and certifies healthcare organisations across the globe. JCI accreditation and certification is recognised as the global leader for healthcare quality, quality of care and patient safety.



Our Patient Safety & Quality Team (PSQI) work closely with the entire staff of the organisation in ensuring that patients are looked after in a safe environment and that care given is of the highest quality.

The PSQI Team monitor and assess hospital operations on an ongoing basis to ensure that standards are being upheld. We also benchmark against other service providers to see how we compare to be able to learn from any successful best practices they have implemented.

All staff, both clinical and non-clinical receive ongoing patient safety and quality education.

If you have recently been a patient with us and would like to share your feedback, please email feedback@beaconhospital.ie

FREQUENTLY ASKED QUESTIONS (FAQs)

Below we have listed some of the most commonly asked questions. Please note that a more comprehensive list of our FAQs can be found in the Patient and Visitor section of our website.

Should I arrive early for my appointment?

Patients should arrive 15 minutes before their scheduled appointment unless told otherwise.

I am due to have a procedure but am unwell. What should I do?

If you are due to be admitted but are unwell, please contact us before arriving at the hospital. Your consultant may decide to postpone your admission or procedure until you are feeling well again.

Contact your consultant's secretary, the number will be on your appointment letter. If you cannot get through to your consultant's secretary, call the Main Switch on 01 293 6600.

I am on regular medication, should I stop taking this before my procedure?

Your consultant should have covered this in your appointment ahead of your admission. Please check your appointment letter for these details. If you cannot find these, please contact your consultant's secretary on the phone number on your letter, or call the hospital on 01 293 6600.

Never make a guess when it comes to medication, if you are unsure, contact us and we will be happy to assist.

FREQUENTLY ASKED QUESTIONS (FAQS) CONTINUED

I was told to bring a list of all my medications but I cannot remember the names of them all. What should I do?

If you are unsure as to the names and dosages of your medications, ask your Pharmacist to print you off a list of these with all necessary details included. You can bring this list with you to your appointment.

I want to see a Consultant; do I need a GP referral?

The majority of services and consultants require a referral letter from your GP. Exceptions include, Emergency Department, Rapid Access Cardiology Clinic, Physiotherapy, Covid Screening, and Plastic Surgery.

How do I know if my procedure will be covered by my health insurance?

Before a procedure takes place, patients are advised to contact their private health insurance provider to check their level of cover.

Your provider will explain to you in detail your level of cover and any shortfalls or excesses which may be payable to the hospital upon your visit.

I have an outstanding bill. How can I make a payment?

The easiest way to make a payment is via the *Pay a Bill* section of our website by using a credit or debit card. You will need to have your invoice to hand to use this service.

You can use this platform to pay all, or a portion of the total due. If you would rather pay in cash, you can do this in person at the hospital. If you are making a cash payment, please bring your invoice to the hospital with you.

I don't have private health insurance, can I still attend Beacon Hospital?

Yes. Many patients who do not have private health insurance decide to self-pay for treatment in Beacon Hospital.

For further information on self-pay, please contact our patient accounts team.

I would like to submit a compliment or complaint about my experience.

How can I do this?

At Beacon Hospital we are always happy to receive feedback from our patients. Your feedback helps us to acknowledge staff members who go the extra mile and helps us to improve our service.

You can send your feedback via email to feedback@beaconhospital.ie or send your feedback via post to: Patient Feedback, Beacon Hospital, Sandyford, Dublin 18, D18 AK68.





Beacon Hospital
Sandyford, Dublin 18
D18 AK68
Tel: 01 293 6600
www.beaconhospital.ie

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