







1 HealthCheck - 4 Hours - Total Peace of Mind

Ireland's only health screening programme delivering

Same Day Results

This is Modern Medicine

# Completed in approximately 2-4 hours, Beacon HealthCheck is inclusive of the following screenings:

#### Consultation

- Health Issues & Symptoms
- Medical History
- Allergy History
- Medication
- Lifestyle Analysis
- Family History

# **Comprehensive Blood Analysis**

- Full Blood Count
- Kidney Function Tests
- Total Lipid Profile (Cholesterol, LDL & HDL Cholesterol Levels)
- Fasting Blood Sugar

- HBA1C & fasting blood glucose
- Bone Profile
- Uric Acid (Gout Screen)
- TSH (Thyroid Function)
- Liver Function Tests
- FOB (Stool Analysis for Blood)

# **Physical Exam**

- Blood Pressure
- Weight
- Body Mass Index & Body Composition
- Spirometry Test
- Vision Assessment
- Hearing Assessment

- Cardiovascular Evaluation
- Joint & Muscle Evaluation
- Respiratory Evaluation
- Central Nervous System
- Abdominal Examination

#### **Other Tests**

- Urine Analysis (Infection, Kidney function)
- Electrocardiogram (Resting ECG - tracing of the heart)
- Chest X-ray (if clinically indicated)
- DEXA Scan (bone scan, if clinically indicated)



#### **Tests for Men**

- PSA Exam (Males Age 40 +)
- Prostate Exam (Males Age 50 +)
- Testicular Examination, if indicated



#### **Tests for Women**

Breast Examination



# **Recommended Optional Extras**

EXAM	RECOMMENDED FOR	
Mammogram	Women over 50 – 65. Any woman with breast symptoms over 35. Recommended every 2 years.	
Vascular Ultrasound	Smokers over 50.	
Stress ECG	Men over 40 - Women over 45. Family history, risk factors or symptoms of heart disease, Type II diabetes, BMI > 30.	*Additional charges apply. There is a range of other tests available also. Please ask if there are any specific tests you wish to undergo.

### **Your Results**

All relevant results are reported on by a specialist Consultant with the appropriate knowledge and expertise in their relevant areas (pathology, cardiology, radiology etc.).

On the day of your HealthCheck you will be given your results and a detailed,

personalised report including interpretation of results, behavioural and lifestyle modification advice, will be sent to you. A copy of this report will also be sent to your GP within 10 days.

Should a referral be required to another specialist, our physicians will

advise you on the most appropriate options for referral.

All optional extra HealthCheck tests will be reported on within 10 days. Should abnormalities be discovered following optional tests our doctor will be in contact prior to issuing your report.

- · Results and reports discussed on day of screening
- · A detailed personalised written report
- Behavioural and lifestyle modification advice
- Optional tests reported on within 10 days
- Copy of report sent to your GP within 10 days
- Doctor contact in case of any abnormalities

# **About Beacon Hospital**

With world leading diagnostics and advanced medical technologies, Beacon Hospital is one of the most advanced hospitals in the world. Located in Sandyford south Dublin, Beacon Hospital has over 1,100 Consultants, nurses and healthcare

professionals. The hospital provides 24 hour acute care services including orthopaedics, physiotherapy, cardiology, women's health, urology, cardiothoracic surgery, vascular surgery, plastic & reconstructive surgery, ENT, neurology, general

surgery, comprehensive cancer care and emergency medicine.

The private hospital, which opened in October 2006, has 183 acute care beds, nine operating theatres, and two linear accelerators.

# Ireland's only advanced health screening service overseen by specialist consultants, with results delivered on the same day

**Beacon HealthCheck** is a comprehensive health screening programme for both men and women.

You will be tended to by an experienced multi-disciplinary team of medical professionals, all with access to

the latest in diagnostic technology.

Health screening is a proactive approach to your personal wellbeing or the wellbeing of your employees.

Our screening tests are designed to assist with identifying and reducing life

altering health risks such as heart disease, stroke and diabetes.

On completion of your Beacon HealthCheck our experts will provide you with necessary recommendations to achieve a healthier lifestyle.

#### Group bookings may qualify for certain discounts.



Beacon HealthCheck costs €585 per adult and qualifies for tax relief. Discounted group rates are available. To find out more and to book your HealthCheck contact Beacon Hospital.

Your health insurance plan may cover some of the cost of health screening. Please check with your provider.

