Lung Cancer Screening Who and When to Screen?

Professor Karen Redmond

MB BCh BAO MD FRCS (CTh) Consultant Thoracic & Lung Transplant Surgeon



Suite 33 The Mall, Beacon Hospital Admin@thoracictransplant.com 0868324342 info@sshi.ie 085-2562200







2019 World Conference on Lung Cancer

September 7–10, 2019 | Barcelona, Spain

Conquering Thoracic Cancers Worldwide

- About 2,500 Irish people are diagnosed with lung cancer every year.
- Lung cancer is the leading cause of cancer deaths in Ireland in both sexes
 it accounts for 19% of all cancer deaths in women and 23% in men.
- Typically lung cancer is diagnosed at a late stage in Ireland, with 2 out of 3 lung cancers being diagnosed at Stage III or IV.
- The National Cancer Strategy 2017-2026 recognises the burden posed by lung cancer and sets out a number of targets in relation to improving lung cancer outcomes in Ireland over the course of the strategy – targeted multi-media public awareness campaigns; increasing the percentage of lung cancers diagnosed at Stage I and Stage II; and reducing the percentage of cancers diagnosed in ED.



Lung Cancer Screening

- US National Lung Cancer Screening Trial between 2002 and 2004, 53 456 former and current smokers were randomised to either LDCT or chest radiograph annually for 3 years. Lung cancer screening using lowdose computed tomography has been shown to reduce mortality by 20–43% and is now included in US screening guidelines.
- The Liverpool Lung Project (LLP) has recently developed a method to calculate absolute risk of lung cancer over a defined period.
- The UK Lung Screen (UKLS) is a randomised controlled trial of the use of low-dose multidetector CT for lung cancer screening.
- **Nelson Group** NEJM Publication.
- ERS and ICS position Statements.

NHS Targeted Lung Health Checks

- LLPv2: ≥2.5% 5-year risk. (BMJ 2020)
- Age, Gender, Smoking duration (years), Previous pneumonia/ COPD/ emphysema/ bronchitis/ TB, Occupational asbestos exposure, Previous history of malignancy, Previous family history of lung cancer; and relative's age at onset i.e. 60 years; whether first degree relative.
- Aged range from 55 to 74 and 364 days.
- Any participant assessed as being at high risk of lung cancer will be invited to an immediate low-dose CT scan. The scan will show one of three things:

Results	Action
No significant findings or nodules <80mm2 or 5mm max. diameter	CT scan 24 months
Indeterminate result	MDT, CT scan 3 months, 12 months
Requires further investigations	MDT, specialist referral

Repeat Low Dose Computed Tomography

- Nodule management should be protocolised and based upon the BTS 2015 pulmonary nodule guidelines and NICE guidelines for the management of lung cancer.
- Where local or regional programmes choose to modify nodule management guidelines, this should be clinically justifiable.
- Participants with a CT scans showing nodules are managed according to nodule size. Volumetry is the preferred method except where not possible, when the maximum axial diameter is used.

Implications of LDCT Screening Diagnostic Dilemma of Solitary Pulmonary Nodule Stage I Lung Cancer 88% 10-year survival.



ORIGINAL ARTICLE

Reduced Lung-Cancer Mortality with Volume CT Screening in a Randomized Trial

Harry J. de Koning, M.D., Ph.D., Carlijn M. van der Aalst, Ph.D., Pim A. de Jong, M.D., Ph.D., Ernst T. Scholten, M.D., Ph.D., Kristiaan Nackaerts, M.D., Ph.D., Marjolein A. Heuvelmans, M.D., Ph.D., Jan-Willem J. Lammers, M.D., Ph.D., Carla Weenink, M.D., Uraujh Yousaf-Khan, M.D., Ph.D., Nanda Horeweg, M.D., Ph.D., Susan van 't Westeinde, M.D., Ph.D., Mathias Prokop, M.D., Ph.D., et al.



Beacon Lung MDT Pulmonary Specialists

Treatment plans are collaboratively developed to ensure the individual will be referred to the right specialist who will be able to provide treatment or alternatively the recommendation of the MDT may be continue with a LDCT surveillance approach.

Forbes

EDITORS' PICK | Jul 22, 2020, 05:51am EDT | 3,603 views

Telemedicine: The Future And Changing Habits



Enrique Dans Senior Contributor () () Leadership Strategy Teaching and consulting in the innovation field since 1990



As the COVID-19 pandemic continues to spread, telemedicine platforms

Advantages of a Multidisciplinary Team ?

- Increased survival for patients managed by an MDT.
- Access to an entire team of specialists collaborating on your care.
- Improves service coordination.
- Shorter timeframes from diagnosis to treatment.
- Patient-centred care.

Diagnostic Options

Continued surveillance
Percutaneous techniques
Navigational Bronchoscopy

Marking the Target and Pathway Planning...

Planning for navigational bronchoscopy





iVATS Precision Imaging Minimally Invasive Surgery Facilitates Diagnostic Excision of Subcentimeter or Ground Glass Nodules



iVATS Programme

- Early diagnosis can make a different!
- Minimally invasive approaches can make a difference!
 - Clear resection margins can make a difference!

Benefits of iVATS

- Diagnostic: Tissue for characterisation.
- Therapeutic:
 - GGO Long-term outcomes of wedge resection for pulmonary ground-glass opacity nodules, clinical stage la adenocarcinoma. ATS 2015.
 - 2cm NSCLC Could less be more? A systematic review and meta-analysis of sublobar resections versus lobectomy for non-small cell lung cancer according to patient selection. Lung Cancer 2015.
 - Oligometastases > 1cm margin Lung metastasectomy after colorectal cancer: prognostic impact of resection margin on long term survival, a retrospective cohort study. IJ Colorectal Disease 2020.

Future Innovations

LungCheck





View all Na

nature

Explore content v Journal information v Publish with us v Subscribe

nature > outlook > article

OUTLOOK · 18 NOVEMBER 2020

Artificial intelligence is improving the detection of lung cancer

Machine learning systems for early detection could save lives.

