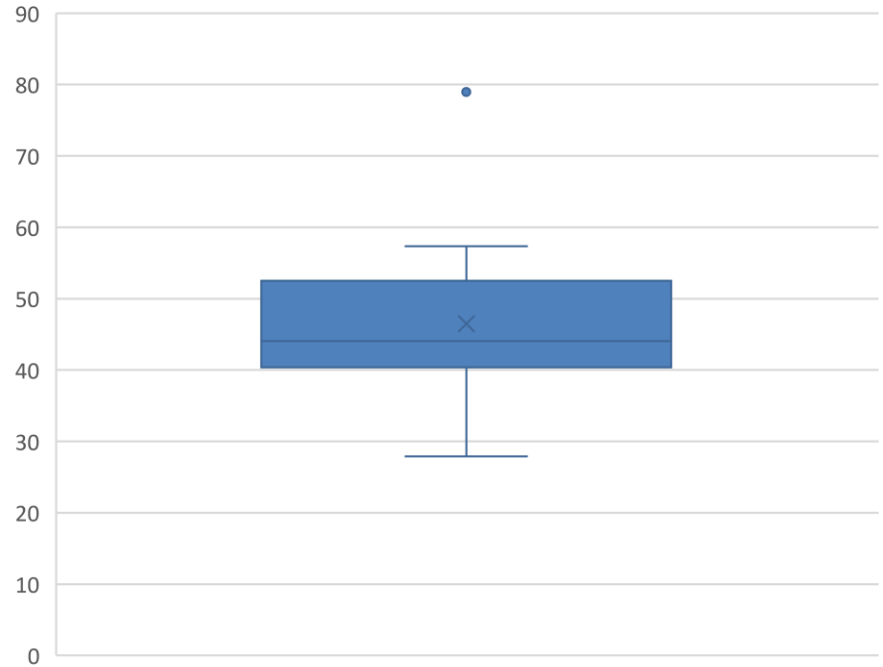
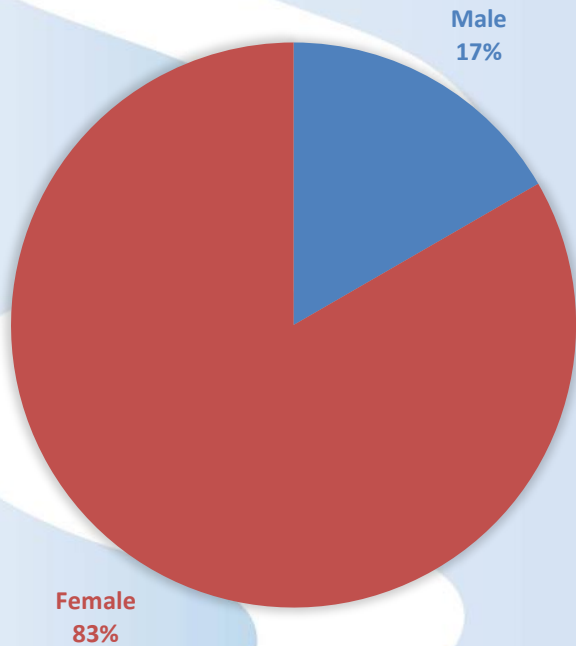


Post Covid Clinic - Initial Experience

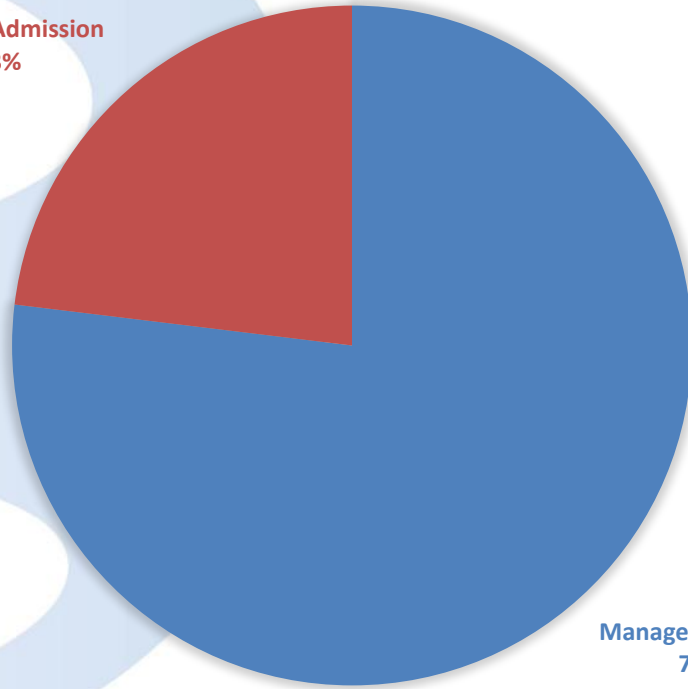
Dr Seamus Linnane

Age & Gender



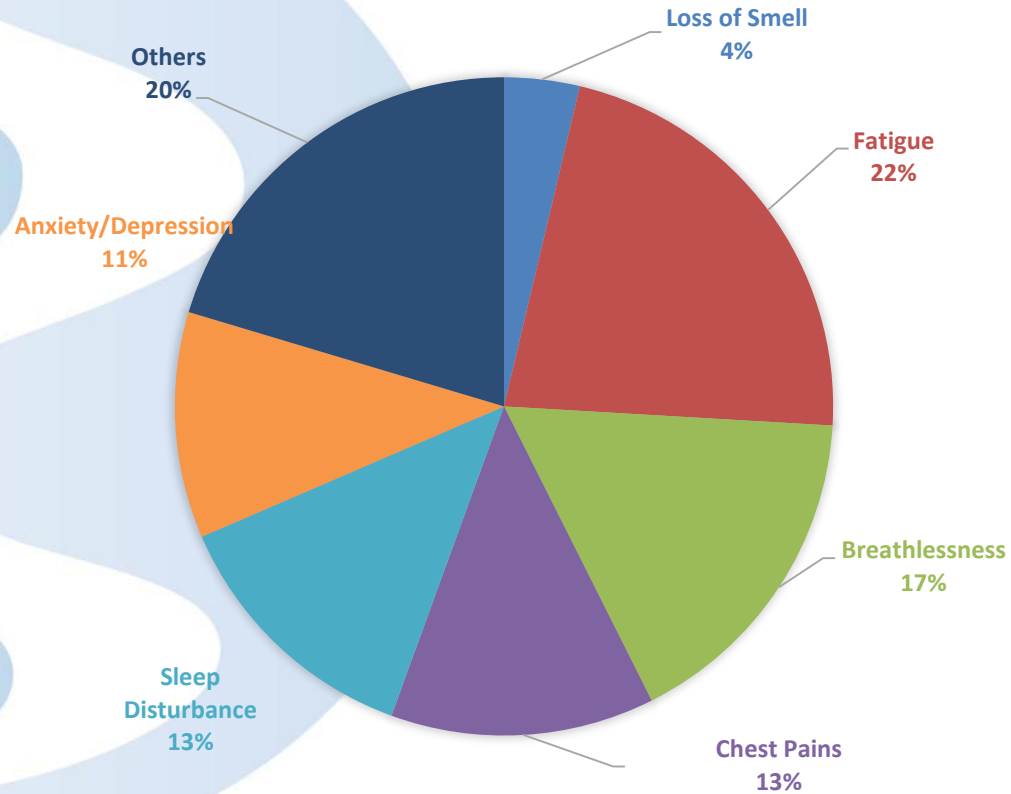
Acute Illness

Hospital Admission
23%

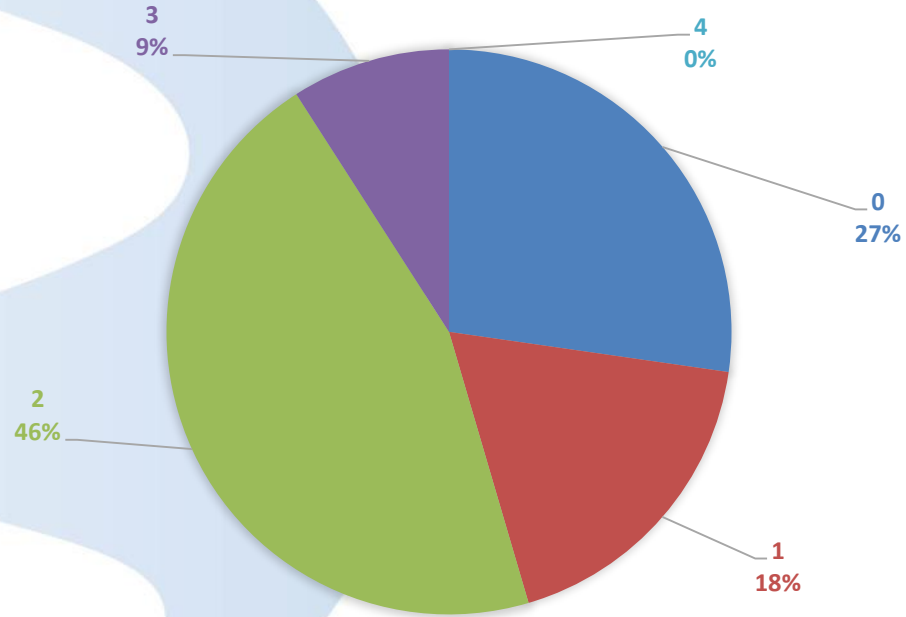


Managed at Home
77%

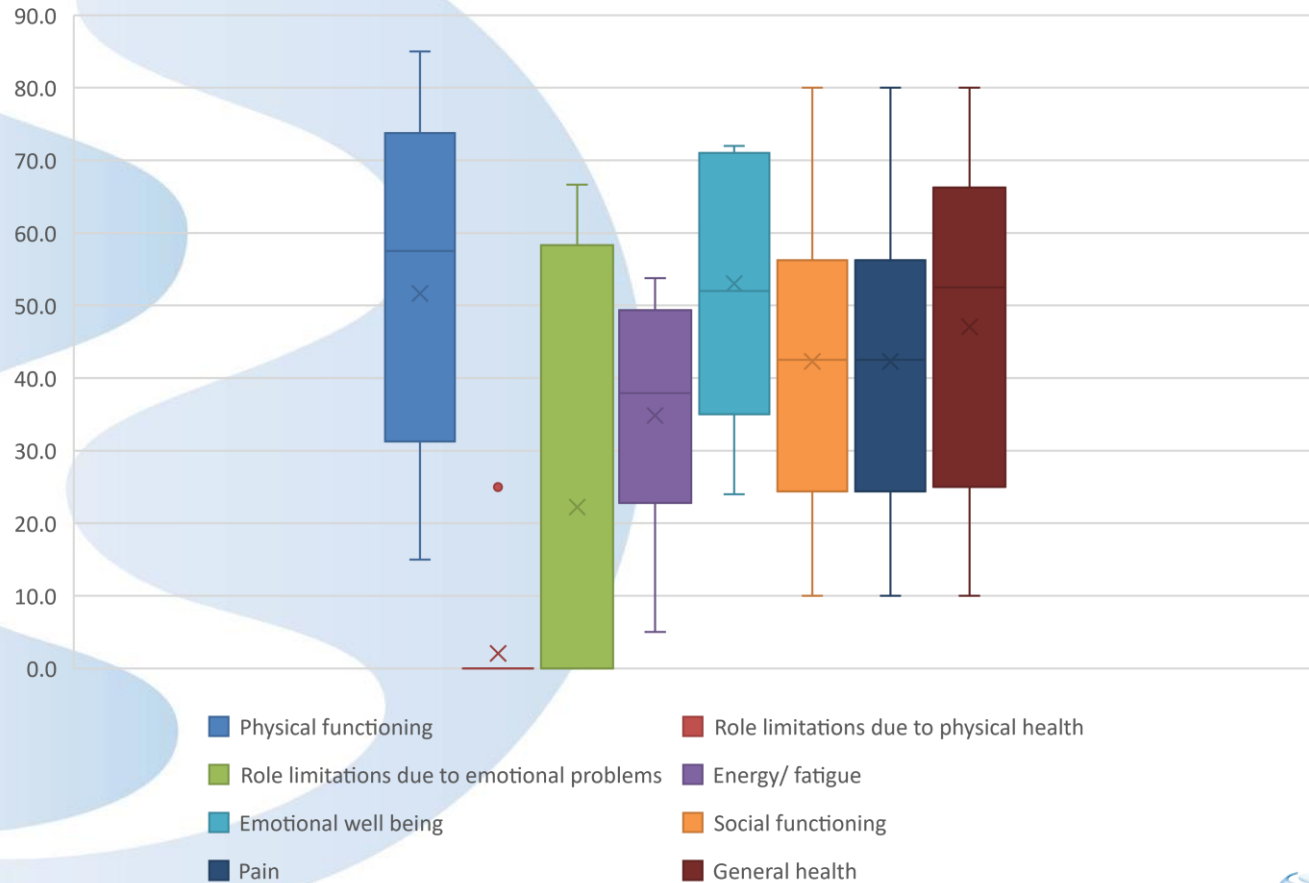
Presenting Symptoms



mMRC Breathlessness Score



SF36 Quality of Life



Clinic Structure

- Consultant Assessment
- Testing
 - Lung Function
 - Bloods
 - ECHO/ECG
 - Chest X Ray
- Physiotherapy
- Referral
 - Psychology
 - Respiratory Nurse
 - Other Specialties

Management

- Baseline Measurement of Symptoms
- Advice on Expected Outcomes
- Exclusion of Other Pathology
- Recovery Plan
 - Pacing
 - Graduated Exercise
 - Sleep Hygiene
- Pharmacotherapy
- Physiotherapy Rehabilitation
- Discharge

Logistics

- Cost
 - Fixed Price Package
 - Insurance Cover
- Personnel
 - Consultant
 - Dr Seamus Linnane
 - Dr Eddy Ferrufino
 - Dr Amy Rigby
 - Jane Dickson Physiotherapy
 - Donna Leahy Respiratory Nurse
 - Dr Suzanne Meenan Psychology
- Referral
 - covid.recovery@beaconhospital.ie

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