Date: Saturday, 24th September 2016  Venue: Aviva Stadium, Dublin

**Euros 2016 Planning, Research and Football; A Sports Medicine Perspective**

For GPs, Physios, Athletic Trainers and Sports Medicine Physicians

**PROGRAMME**

9am: Registration and Refreshments

9.15am Session 1:

*Introduction by RTE’s Daragh Maloney and former Ireland International Soccer Player, Damien Duff*

Preparation for Euros – Strength and Conditioning perspective

Dan Horan, Chartered Physiotherapist and Strength and Conditioning Coach, FAI.

Taking ankle sprains seriously... it’s *NOT* ”just” an ankle sprain.

Dr Eamonn Delahunt, UCD, Chartered Physiotherapist

Advances in Groin Injury – Assessment and Rehabilitation.

Tony Spain, Senior Physiotherapist, Beacon Hospital

Key Note presentation:

**UEFA Football Medicine Research Programme**

Prof Jan Ekstrand (UEFA)

Q&A

11am Coffee Break

Session 2:

Preparation for Euros from a medical perspective

Dr Alan Byrne, Sports Physician, Beacon Hospital & Ireland International Team Doctor

The footballer’s knee – Common presentations, assessment & management options

Mr Maurice Neligan, Consultant Orthopaedic Surgeon, Beacon Hospital

The footballer’s foot and ankle - Common presentations, assessment and management options

Mr Alan Laing, Consultant Orthopaedic Surgeon, Beacon Hospital

Image guided interventions for sports injuries

Dr Ciaran Johnston, Consultant Radiologist, Beacon Hospital

Q&A - 1pm Lunch

To register, or for further information:

e-mail: niamh.harding@beaconhospital.ie or alternatively telephone (01) 650 4603

CME accreditation applied for.