



UPMC Beacon Waterford Physiotherapy

At UPMC Beacon Waterford Physiotherapy we pride ourselves on our excellence of healthcare delivery. We always aim to assess and **treat the underlying cause of the problem, not just the symptoms**. Our comprehensive package of physiotherapy care combines thorough assessments with hands-on treatment, education and self-help programmes.

Areas of specialty include the following:

- Back and neck disorders
- Sports injuries
- Muscle and joint pain (including arthritic conditions)
- Golf-specific rehabilitation
- Advanced post fracture rehabilitation
- Occupational injuries

We can offer a variety of physiotherapy interventions:

- Manual therapy (mobilisations, manipulations)
- Sport rehabilitation
- Rehabilitative core stability
- Post orthopaedic surgery rehabilitation
- Individual exercise prescriptions
- Electrotherapy

Location and Opening Times

Conveniently located in the Williamstown Centre in Ardkeen, we have DIRECT access to all of our consultants. Car parking is available on site and our clinic is wheelchair accessible.

We offer flexible appointment times – please call us on **051 844 704** or email us at upmcbeaconwaterford@beaconhospital.ie

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